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Republika ng Pilipinas
Kagawaran ng Edukasyon
Tanggapan ng Pangalawang Kalihim

DepEd Task Force COVID-19
MEMORANDUM No. 59
3 July 2020

For: **Members of the Management Committee**
Minister of Basic, Higher, and Technical Education
All Assistant Regional Directors
All Schools Division Superintendents
All Assistant Schools Division Superintendents
All CLMD, CID, ESSD, and SGOD Chiefs
All Division and Region Administrative Services Head
All Central Office Division Chiefs

Subject: **INVITATION TO THE THIRD SESSION OF KAGINHAWAAN OF TOP LEADERS OF THE DEPARTMENT OF EDUCATION**

Recognizing the extra-ordinary burden to top decision-makers with the ability for foresight thinking amidst the uncertainties surrounding COVID-19 and their exposure to the public, DepEd through the Disaster Risk Reduction and Management Service (DRRMS) organized a series of psychosocial support activities to the members of the Management Committee (ManCom) titled **Towards Psychosocial Well-being and Mental Health: Kaginhawaan of Top Leaders at the DepEd.**

The third session on **“Mental Health Condition as Social Phenomena: Psychosocial Stress in Leadership”** on **8 July 2020, 9AM-11AM**, shall cover discussions on self-assessments forms (e.g., burn-out, psychological problem, social problem, coping mechanism checklist), resiliency, and recovery. Attached is the program for your reference. Each region and division is given **four slots** which may be filled by **leaders up to the Chief Administrative Officers or Chief Education Program Specialists level.** Management Committee Members who missed their session may also register. Central Office Division Chiefs may also attend.

All participants shall register at <http://deped.in/dqQROFN> on or before **7 July 2020**. To practice digital security, a DepEd e-mail is required to open the registration form. The meeting room link will be sent to the e-mail of those who registered on 8 July 2020, 8AM.

The aforementioned leaders are enjoined to participate actively in the undertaking of this activity as it is part of the responsibility of leaders to take time to reflect and care for their well-being. It is only by ensuring that leaders who are physically, mentally, and



Office of the Undersecretary for Administration (OUA)

[Administrative Service (AS), Information and Communications Technology Service (ICTS), Disaster Risk Reduction and Management Service (DRRMS), Bureau of Learner Support Services (BLSS), Baguio Teachers Camp (BTC), Central Security & Safety Office (CSSO)]

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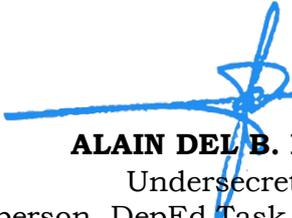


psychosocially healthy can they give 100% to their work and staff. It is their duty to look after themselves so they can give the service that the Filipino people deserve.

Those who were not able to attend the two sessions are requested to access the recording and presentations of the sessions at <http://deped.in/KaginhawaanResources> to prepare them for the next sessions.

For more information or clarification, kindly contact Ms. Francesca Louise T. Guzman at mobile number at 0916-772-1810 or thru email at francesca.guzman@deped.gov.ph.

Thank you.



ALAIN DEL B. PASCUA
Undersecretary
Chairperson, DepEd Task Force COVID-19



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