





#### Republika ng Pilipinas

### Kagawaran ng Edukasyon

Tanggapan ng Pangalawang Kalihim

#### OUA MEMO 00-1121-0001 MEMORANDUM

28 October 2021

For: Regional Directors

(Regions I, II, III, V, VI, IX, X, XI, and XII)

**Schools Divisions Superintendents Concerned** 

Regional and Division DRRM Coordinators Concerned

Subject: PSYCHOLOGICAL FIRST AID (PFA) TRAINING FACILITATORS

FOR THE MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT

(MHPSS) LEARNING SESSIONS

To prepare for the implementation of limited face-to-face learning modality, the Office of the Undersecretary for Administration (OUA) through the Disaster Risk Reduction and Management Service (DRRMS) will conduct Mental Health and Psychosocial Support (MHPSS) Learning Sessions on 03-05 and 08-09 November 2021.

As part of these sessions, a Psychological First Aid (PFA) training and School Referral System discussion will be conducted on O3 November 2021. The target participants of these activities are representatives from the 100 schools chosen for the implementation of limited face-to-face classes.

In this regard, the DRRMS would like invite the personnel listed in **Annex A** to serve as PFA Training Facilitators. They are encouraged to attend the **preparatory meeting** on **02 November 2021** at **2:00 p.m.** Please note that the meeting link will be directly provided to them. Attached is the indicative program flow for MHPSS Learning Sessions Day 1 for reference (**Annex B**).

For more information, questions and concerns on this subject, kindly contact the DRRMS through email at <a href="mailto:drrmo+mhpss@deped.gov.ph">deped.gov.ph</a>.

For immediate and appropriate action.

ALAIN DEL B. PASCU

Undersecretary





[Administrative Service (AS), Information and Communications Technology Service (ICTS), Disaster Risk Reduction and Management Service (DRRMS), Bureau of Learner Support Services (BLSS), Baguio Teachers Camp (BTC), Central Security & Safety Office (CSSO)]

#### Annex A

# List of Invited PFA Training Facilitators

Region	Division	Name	Designation
I	Pangasinan II	Rey Aurelio Alejo	Teacher III
II	Nueva Vizcaya	Maria Theresa Iglesia	PDO II
II	Quirino	Kristine Mae Ruiz	PDO II
III	Nueva Ecija	Maria Luisa Gamino	PDO II
III	San Fernando City	Jefferson David	PDO II
III	Zambales	Josefina Maranon	PDO II
V	Camarines Norte	Geronimo Burce Jr.	PDO II
VI	Capiz	Ana Lourdes Faoldanea	GC III
VI	Capiz	Glenda Marie Botin	PDO II
IX	Zamboanga del Sur	Naomi Arago	GC III
IX	Zamboanga del Sur	Rodel Vargas	Nurse II
IX	Zamboanga del Sur	Aida Gallardo	PDO II
IX	Zamboanga Sibugay	Faith Francisco	GC III
IX	Zamboanga Sibugay	Greeny Fajardo	Nurse II
X	Lanao del Norte	Kim Rose Ebol	Nurse II
Х	Lanao del Norte	Patre Raiffah Domato	Nurse II
XI	Davao del Norte	Mary Kristine Sagot	PDO II
XI	Davao del Sur	Cherrey Joy Chicote	PDO II
XII	Cotabato	Nodelyn Culig	Nurse II
XII	Cotabato	Keziah Ann Gamboa	Nurse II
XII	Cotabato	Jeza Mae Cerbolles	Nurse II
XII	Cotabato	Maria Arriem Cabais	GC III
XII	Kidapawan City	Lucita Sunshine Ballucos	GC III
XII	Kidapawan City	Suzanne Gabrido	GC III
XII	Kidapawan City	Roxanne Ocon-Anjao	PDO II

### Annex B

## MHPSS Learning Sessions Day 1

### **Indicative Program**

Time	Activity	Office/ Resource Persons
7:45-8:00 a.m.	Preliminaries	DRRMS
8:01-8:30 a.m.	Effects of COVID-19 on the Mental Health of Children and Adolescents	Ms. Yeng Gatchalian
8:31-9:30 a.m.	MHPSS and PFA	Ms. Yeng Gatchalian
9:31-9:40 a.m.	Health Break	
9:41-10:30 a.m.	PFA for Children and Adolescents	Mr. Jojet Lamberto Mondares
10:31-11:00 a.m.	Open Forum	DRRMS
11:01-11:30 a.m.	School Referral System	BCD
11:31 a.m12:00 noon	Open Forum	BCD
12:01-1:00 p.m.	Lunch Break	
1:01-2:30 p.m.	Simulation Exercises for PFA	PFA Facilitators
2:31-2:45 p.m.	Open Forum	DRRMS
2:46-3:00 p.m.	Closing	DRRMS





